

Client Information

Name: _____ Telephone: () _____

Address: _____ Date of Birth: _____

City: _____ State: _____ Zip: _____

Referred by: _____ E-mail: _____

In case of emergency: _____ Telephone: () _____

Massage music preference: Classical New Age/Meditative Instrumental (piano, guitar) Other

General & Medical Information: Age: _____ Male Female

Yes No Have you ever experienced a professional massage or bodywork session? How recently? _____

What type of pressure do you like? Light Medium Deep Unsure

If you answer "yes" to any of the following questions, please explain as clearly as possible.

- | | |
|--|--|
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you frequently suffer from stress? | <input type="checkbox"/> Yes <input type="checkbox"/> No Have you had any broken bones in the past two years? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have diabetes? | <input type="checkbox"/> Yes <input type="checkbox"/> No Have you been in an accident or suffered any injuries in the past two years? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you experience frequent headaches? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have tension or soreness in a specific area? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Are you pregnant? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have cardiac or circulatory problems? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from arthritis? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from back pain? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Are you wearing contact lenses? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have numbness or stabbing pains anywhere? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have high blood pressure? | <input type="checkbox"/> Yes <input type="checkbox"/> No Are you very sensitive to touch or pressure in any area? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No If "yes" to previous question, are you taking medication for this? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have any other medical condition I should be aware of? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from epilepsy or seizures? | Comments: _____ |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from joint swelling? | _____ |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have varicose veins? | _____ |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever had surgery? | _____ |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have any contagious disease? | _____ |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have osteoporosis? | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have any allergies? | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you bruise easily? | |

Are there any areas you do not want me to work on? _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor or other qualified medical specialist for any mental or physical ailment that I am aware of. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I forget to do so. It is also understood that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature _____ Date _____

Practitioner Signature _____ Date _____

Consent to Treatment of Minor: By my signature below, I hereby authorize _____ to administer massage, bodywork or somatic therapy techniques to my child or dependent as they deem necessary.
Signature of Parent or Guardian _____ Date _____